



DISCOVERY
EARLY LEARNING CENTRES

in their nature

Discovery Mental Health and Wellbeing Commitment Statement

Discovery Early Learning is committed to promoting and supporting positive mental health and wellbeing in our communities. Our aim is to ensure that every early learning community is understanding, inclusive and resilient, where every child, staff and family member can realise their best possible mental health and wellbeing.

Discovery promotes and supports the physical, mental, social and emotional wellbeing of all children and adults. We support individuals to develop a sense of self and belonging as well as emotional and social skills to maintain healthy environments.

Discovery supports the people in our communities to flourish and thrive in all aspects of life, through fostering positive emotions, promoting engagement and meaning, championing strong connections and relationships and celebrating accomplishments.

By supporting and promoting positive mental health and wellbeing we are empowering all children and adults to live life to their full potential.